



ANNUAL REPORT



FY 2078/79

Parisharmitole, Farline, Hetauda 15, Makawanpur

Abbreviation and Acronyms

AD	Anno Domini
BS	Bikram Sambat
AIDS	Acquired Immune Deficiency Syndrome
CSP	Capacity Strengthening Plan
DMCA	Disaster Management Capacity Assessment
DADO	District Agriculture Development Office
DAO	District Administration Office
DCC	District Coordination Committee
EC	Executive Chief
ETSC	Education Training and Service for Community
EVPM	Empowerment of Vulnerable People in Makawanpur
FY	Fiscal Year
GO(s)	Government Organization(s)
HIV	Human Immune-deficiency Virus
IG	Income Generation
M & E	Monitoring and Evaluation
NGO(s)	Non-Government Organization(s)
RM	Rural Municipality
SHG	Self Help Group
VVMGOS	Values, Vision, Mission, Goals, Objectives, and Strategies

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EC LETTER



Dear Friends,

Since ETSC establishment, it has served as a community organization dedicated to taking initiatives for vulnerable populations. Its primary focus has been to raise awareness, sensitize, and empower individuals regarding the various challenges faced by vulnerable people.

Fear still lingers as the operations, production, and distribution of humanitarian endeavors persist. Regardless of the terminology used, whether it be the shadow of a pandemic or the darkness of an epidemic, COVID-19 has brought sorrow and death in our communities and the entire world. Presently, its contagious nature and devastating impact remain ongoing. Nepali people have endured hardships, including some instances of discrimination. Nevertheless, no assurance has been received that the threat has completely vanished.

Since ETSC inception, it has prioritized addressing the humanitarian crisis and has diligently worked to address community concerns, aiming to reduce and prevent from the pandemic situation. Our objective is not limited to superficial changes; rather, it revolves around promoting comprehensive well-being in our professions, work ethics, and professionalism. We aspire to foster a society characterized by peace and justice in the conceptual realm of both individuals and groups.

The era we inhabit is advancing in various domains, including education, science, and technology. Simultaneously, life confronts challenges marked by risk and suffering, and human culture and trends deteriorate abruptly. Throughout history, humanity has faced existential challenges during different periods. Presently, climate change and environmental degradation are considered the most critical crises for human civilization.

Given this context, there is no straightforward solution to the challenges confronting human races and civilizations. While the means to achieving overall well-being may seem small, local

groups and organizations remain indispensable components in this journey. It is indisputable that these groups and associations serve as the primary pillars of localization, influencing all aspects of development, resources, and efforts that contribute to the culture of sustainability.

It is our collective preference to unite to build, safeguard, and enhance the contributions of all of us, starting from within.

Thank you!

Surya Prakash Rai

A handwritten signature in black ink, appearing to read 'Surya', is positioned above a horizontal line.

Executive Chief

ETSC Nepal

CHAPTER 1: INTRODUCTION

1.1 Background

Education, Training and Service for Community (ETSC) Nepal is a non-government, non-partisan and non-profit-making organization having an office at Hetauda Municipality and working with the social and economic marginalized and vulnerable groups of Makwanpur district. It was founded by the combined efforts of local leaders in 1998 AD and formally/legally registered at the Makwanpur District Administration Office on 1999 AD.

It has been performing with the aim of protracted transformation of the communities through increasing access to resources of the socially and economically most marginalized groups for community development as well as advocacy on issues of common concerns for changing patriarchal thinking and practices.

It has been carrying out programs on fighting against human trafficking and prevention of HIV and AIDS at local levels by organizing communities. The program on reproductive health focused on maternal and child health including pre-natal, anti-natal and child care targeting women, men and adolescents of the communities in underway, which stresses on enabling them to address their problems by themselves through mobilizing local resources. The program on literacy for income-generation through skill development is also being carried out to improve the livelihoods and well-being of the targeted community members.

It has been successful in effective mobilization of internal and external resources through building cooperation and partnership with local bodies and national and international organizations.

In the present context, the effectiveness of programs rests on institutional sustainability, development of unique institutional identity, institutional knowledge and learning management, and focus on program development and implementation to address key/ specific problems/issues of the communities based on the institutional experience and thematic/sectoral capabilities.

The ETSC has prioritized the social and economic marginalized and vulnerable communities/groups as its primary target group since its founding and has been undertaking projects and interventions towards fulfilling their rights and benefitting them. It is identified as a key organization in improving economic and social conditions of the landless and poor including prevention and rehabilitation of survivors of HIV and AIDS infection and trafficking for commercial sex work and for hazardous works such as circus, and enhancing health, especially women, adolescents and children.

In the institutional and community development perspectives, ETSC Nepal has its VMGOS, which are as below:

1.2 Values

- ❖ Love and compassion
- ❖ Democratic exercise
- ❖ Capacity building
- ❖ Equality/equity based on gender, caste/race and region
- ❖ Environmental conservation and diversity
- ❖ Ethical and decency
- ❖ Honesty and integrity
- ❖ Professionalism/entrepreneurship development

1.3 Vision

"To build up the prosperous and righteous society with the light of a new hope."

1.4 Mission of ETSC

"ETSC strives to enhance the access on resources of marginalized vulnerable communities by loving and caring the creation of God in order to establish prosperous and righteous society."

1.5 Goals

- ❖ Capable: in terms of knowledge, skills, and resources.
- ❖ Honest: recognized/popular in terms of confidence and credibility of the communities, funding agencies, government, and non-government organizations, including other stakeholders.
- ❖ Self-reliant: in terms of resource partnership with different organizations/institutions

1.6 Objectives

- 1) To enable livelihood of vulnerable communities through skill development and access resources.
- 2) To heighten the campaign against human trafficking for prevention and support to the survivors for rehabilitation as well addressing sexual and gender-based violence issues (SGBV) in the communities.
- 3) To respond the disaster situation and climate change issues; capacity building, systematic preparedness and humanitarian response, climate change adaptation and linkage with agencies be promoted.
- 4) To develop creative capacities of adolescents, enabling women for equal sharing and men supportive attitude for family development.
- 5) To play influential role in creating a just and peaceful society by transformation of conflict in the communities through non-violent means.

- 6) To improve parenting care of men towards mother and child health for promoting community health as well as services of the local public health institutions.
- 7) To develop professionalism for institutional good-governance and sustainability;
- 8) To enhance institutional development of community organizations and groups.
- 9) To enhance awareness on pandemic and health support nutrition, treatment, skill development for sustenance and realization of their rights as well as its prevention.
- 10) Advocating community interest and issues.

1.7 Key Target Group

The target group of the ETSC Nepal is the socially and economically marginalized and vulnerable groups, sections and communities; the major amongst them are:

- Vulnerable people; sexual and gender-based violence survivors and affected.
- Mothers and children
- Adolescents
- Pandemic infected and affected
- Disable people
- Dalits, Ethnic and marginalized communities/groups

CHAPTER 2: PROJECT WISE PROGRESS

2.1 EVPM Project

Empowering the Vulnerable People in Makawanpur (EVPM) implementing by ETSC Nepal which is funded from Tearfund Nepal, prioritizes protecting and empowering for domestic violence affected women, adolescent girls, male support groups, leaders, facilitators, and self-help group members. This is achieved through public awareness, skills training, group learning, income generation, technical support, enhancing access to local resources, and fostering community cooperation to build resilience. The project also focuses on family development within adolescent groups, equipping them with the knowledge and skills to pursue their dreams, while addressing societal issues like child marriage, early school dropout, unsafe migration, and various forms of exploitation.

The project further concentrates on safeguarding women's groups vulnerable to domestic and gender-based violence, ensuring their protection, supporting victims, and punishing perpetrators through coordination with relevant mechanisms. Additionally, it helps in livelihood improvement, offers anti-trafficking measures, and promotes protection against labor exploitation and child labor. The formation of self-reliant groups helps address high-interest rates and facilitates easier access to financial resources for various needs, backed by technical assistance and seed funds, resulting in successful outcomes.

Table 1 shows the description and achievement from EVPM project in this fiscal year.

SN.	Descriptions	Unit	Target	Achievement
1	15 Women's Group: Family Development Training – 375 members of each group participated in the group learning sessions.	Times	5	5
2	Men's Support Group Learning and Sharing Sessions: 375 members of the men's support group played a major role in the growth and development, capacity building and personality development of the family members due to the parental responsibilities and obligations of the men in the family. The understanding between them increased and the concept, knowledge and skills of family advancement were learned and practiced.	Times	5	5
3	Adolescence group learning and sharing sessions: 375 members of 15 adolescence groups learned through discussion and interaction in the family including their	Times	4	5

	thoughts on what the fathers and mothers of their own families have acquired in the group learning to build a risk-free and safe family, as they have to play the role of parents in the future and are able to understand and focusing foundations and life skills.			
4	9 community members were provided with a survey and training on possible entrepreneurship related to business.	Individual	225	221
5	Women were provided with complimentary assistance related to livelihood and promoted to entrepreneurship.	Women	10	20
6	Self help group (SHG) management and operational, financial, and accounting, tab handling training for facilitators	Facilitators	30	40
7	SHG office management supports provided (Cupboards, index file, chairs, calculators)	SHG	20	20
8	Behavioral change training for gender equality for 10 leaders training was provided to local community leaders	Training	1	1
9	Behavioral change training for gender equality for 20 facilitators	Training	1	1
10	Behavior Change for Gender Equality 6-week community dialogue sessions: Local facilitators conducted community dialogue sessions.	Individual	120	134
11	820 people have received information, education and communication materials related to foreign employment and human trafficking.	Individual	800	820
12	PWD HH's with different abilities were assisted financially to increase their ability to earn income.	Individually	15	12
13	200 students were oriented about Anti Human Trafficking Awareness Training to the Students at Manahari RM	Students	200	200
14	Organization helped 2 SHG's for registered in Local Government as a Farmers Groups.	Group	4	2
15	Day Celebrations against human trafficking, World Women's Day, 16-day campaign against violence against women day were coordinated and	Event	4	4

	participated.			
16	Local Leadership Facilitator Training: After the training, 20 leaders have been able to learn, teach and act on how the issues in the community can be solved using local resources and tools.	Training	2	2
17	Monitoring visits to the target communities by the Stakeholders: After the training, training, learning sessions, livelihood material assistance, the groups formed in the target communities were observed, interacted from DDC Chairperson, RM vice-chairperson, ward chairpersons and District AHT Network	Event	1	1
18	Psychosocial counselling program for 20 facilitators	Orientation	1	1
19	Social Audit Program: After the audit, all the participants expressed that ETSC Nepal has adopted transparency and accountability practices.	Event	1	1

2.2 CSP/DMCA Program:

The activities carried out with the financial assistance of Tearfund Nepal to increase the institutional capacity of ETSC-Nepal in humanitarian and disaster management sector to increase the awareness and capacity of local municipalities and wards. In this regard the following things were done in this FY.

Table 2: This table shows the description and progress of the program CSP/DMCA briefly.

SN	Descriptions	Unit	Target	Achievement
1	Organizational DRR portal developed in its webpage	Number	1	1
2	Handbook on lightning disaster management was developed both in English and Nepali	Manual	1	1
3	Kobo Toolbox Training for ETSC Nepal's staff	Staff	2	2
4	First Aid Training for ETSC Board, Staff, Volunteers and Community disaster focal	People	15	15
5	Coordinated and collaborated with local government and stakeholders to enhance organizational capacity.	Visit/Meetings	5	5

2.3 Women's Empowerment Project

Empowering women through men's support groups is an approach that recognizes the importance of engaging men in the promotion of gender equality and women's empowerment. These groups provide a platform for men to come together and discuss issues related to gender, masculinity, and the role of men in achieving gender equity. This project was supported by World Women Day of Prayer. In this regard the following things were done in this FY.

World Women Day of Prayer with the financial support of Germany, Women's Empowerment Project conducted by ETSC Nepal in Bakaiya rural municipality and Hetauda sub-metropolitan city in women and men support groups of COVID-19 crisis-oriented communities. The objective of this project is to improve the standard of living of women through capacity development, access to knowledge and resources, public awareness, skill development trainings, distribution of agricultural materials to increase income, technical assistance needed for that, increasing the access of these groups to local bodies and organizations, coordination and cooperation help to build the resilience of the people of the target community.

Those women's groups who are at risk of human trafficking, domestic violence, sexual and gender-based violence, their protection and to be freed from all kinds of violence and to deal with the incidents of violence, i.e. to get justice for the victims and to coordinate with the available mechanisms to punish the perpetrators, have been raised.

As well as 10 women project participants received 15 chickens, feeders and medicines from which they were able to raise it and generating income also.

2.4 Community Resilient Project

The livelihoods of community groups are at risk of entering a crisis mode due to various factors related to both natural and human management. When considering climate change and associated disasters, it becomes evident that the perception, knowledge, skills, and efforts of community members play a crucial role. The implementation of disaster preparedness measures through community collaboration, along with mitigation efforts and the enhancement of human capacity, is vital for safeguarding the well-being of community members and maintaining a sustainable way of life. In this project, five groups from the Hetauda and Bakaiya regions took part in participatory learning activities to ensure the sustainability and improvement of their productivity.

Table 3: This table shows the description and progress of this project:

SN	Descriptions	Unit	Target	Achievement
1	5 Communities of Hetauda 16 Hatia Chisapani, Hetauda 18 Harnamadi Eklekhet, Bakiya Bhirkot 7, Bakaiya 7, Juena planted trees in the community forest and open areas	Plants	600	700

2	Trained manpower related to weaving and managing wire netting of Bakaiya and Hetauda areas for DRR and preparedness	People	5	6
3	Formed community disaster management committee	Committee	5	5
4	Five local community's emergency plans developed	Plans	5	5
5	Participatory Assessment of Disaster Risk Trainings	People	10	11
6	9 facilitators trained on REVEAL toolkit training for Disaster Risk Reduction and Adaptation	Training	1	1
7	182 of people participating in disaster risk and climate related sessions	People	180	182
8	Local Communities Disaster Management Funds created	Community	5	5
9	Community disaster management and climate change adaptation action plans developed	Plan	5	5

CHAPTER 3: SUCCESS STORIES

Journey from Help Less to Self-Reliance

Saroj Shyangtang is a resident of Bakaiya 4. He lives with his wife and a child at Bakaiya 5 Pahare. He is 35 years old and depends on daily wages. In his childhood, he left school after completing grade 8 because of his family's financial condition.

He also was got the opportunity to become facilitator of Pahare self help group in EVPM Project which was formed, coached, trained and mobilizing by ETSC Nepal. During the COVID-19 period, he lost his small job. At that time, he was facing a financial crisis and needed to work to feed his family.

Not long ago but just 17 months back, as Pahare SHG ready to give loan in a very minimum rate after ETSC Nepal provided some seed money to the SHG and regular saving amount. He was the first person to take loan Rs. 2000. From that money he and his wife brought two goats in a very minimum amount from their relatives and started to rear goats. There are barren land in the community where fodder can access easily as well as available grain and water in their home is plenty for the goats.



With in two months difference these two goats give birth 3 kids and there were 5 goats in his shed. After nearly 17 months, Saroj has 17 goats in his shed. He reckons that choosing to plan goat farming by investing SHG loan was the best decision that he's made in his life. Last couple of month ago, he has sold 7 goats of worth Rs. 55,000.

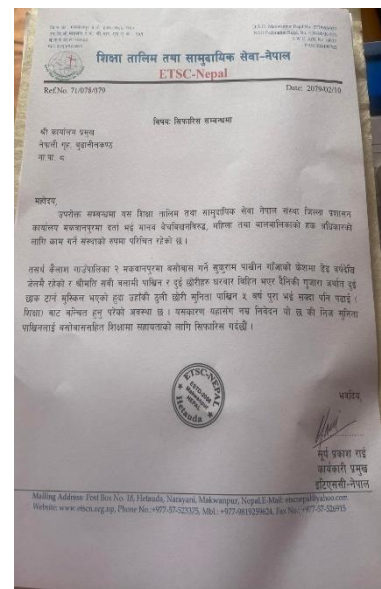
“I have fulfilled my dream and becoming self-independent, which would not have been possible if I was not in the group. I want to establish my goat farm as a private enterprise, which makes access to credit easier, and has taken out insurance both practices encouraged by the ETSC Nepal and Tearfund.”, Saroj Said.



Street to Children Home

ETSC Nepal is established with the purpose to work and welfare for women, children and upcasted people of the communities. With this purpose organization is working for many community's people in Makwanpur area for their welfare and empowerment.

Last months during community visit from ETSC staff it was found that one child residence of Kailash Rural municipality ward number 2 name called Sunita Pakhrin is being rescued from community. She has father, mother and one sibling of age 2.5 years. Her father is in the custody since 2 years who was being charged of drug smuggling case. Her mother is helpless and struggling for daily livelihood and depending on begging and being most vulnerable with two children.



Sunita having age of five is being deprived form child rights and education and begging on the street. In this regard ETSC is helping to provide her birth certificate as well as took consent from her parents to take part in children home for staying there and education. The process required for being admitted in the children home at Kathmandu were consent, birth certificate and recommendation letter from community organization. Therefore, ETSC has helped her to provide all these documents to the children home and now she is admitted in the school and studying there.

Subsistence Farming to Cash Farming

Goats are one of a major income source for Parmila of Lampakha women group member of Manahari 4 Makwanpur. Scabies and other external parasites (like fleas and mites) and internal parasites (tapeworm, liver fluke, and roundworm) are a serious problem in most of the case. They affect the growth and development of goats. In the Lampakha women are also facing the problems of reproductive health disorders, lack of weight gain compared with age, and even the deaths of several goats each year.

Vaccine is expensive and do not know about it and many women group members were unable to provide this to their livestock and goat. Considering this, ETSCs started holding goat health monitoring by the use of veterinary technicians from Manahari RM's livestock department and treated 150 goats of women group members at Manahari 4. ETSC also provided the albendazole for the goats and recommended vaccinations and suggested that vaccinate their animals twice a year. Technician aware the women members during the monitoring that there is a facility in ward to vaccine which was a very good news for the livestock farmers. Vet. Technicians counsel about the use of domestic methods for cure and treatment too. They also suggested how to prepare nutritious fodder locally using by home available things.

Because of this monitoring work, goats are growing well and gaining weight. Women are happy with the positive impact of vaccination on their animals. Farmers are also convinced of the importance of vaccination and are committed to develop the habit of vaccinating their animals regularly.

Not long ago but just 2 years ago as Lampakha women group member of Manahari 4 Ms. Pramila who has just 3 goats in her shed. ETSC Nepal provided first training-based learning about possible small business on what they want to involve in. It has helped them to make their business plan and received livelihood materials supports.



Pramila Praja and her husband involved goat rearing farming. They added their own investment too. By ETSC regular follow up and technical made goats were growing and gaining weight. In last monitoring visit from ETSC, the goat's number has been increased to 26 and Pramila has sold 8 goats already and gained profit.

“I am in a way of commercial goat farming which would not have been possible if I was not in this Lampakha women group which was formed and mentored by ETSC.”, Pramila Said.

CHAPTER 4: INCOME AND EXPENDITURE


ETSC Nepal has combined its annual income/expenditure of BS 2078/79 and is presented in the following table based on its annual financial audit. As per the audit report Rs. 9,334,716.53 was total income for FY 2079/80 while Rs. 10,869,867.59 was the previous year's total income. Similarly, based on the audit report Rs. 9,334,716.53 was expenditure in this FY 2079/80 and Rs. 10,869,867.59 was the previous year's expenditure.

Education Training & Service for Community (ETSC) Nepal
Hetauda-15, Makwanpur, Nepal
STATEMENT OF INCOME AND EXPENDITURE
For the Year Ended 32nd Ashadh 2079 (16th July 2022)

Particulars	Notes	Current Year	Previous Year
(NPR)			
INCOME			
Incoming Resources	4.14	8,727,177.18	10,628,638.06
Financial Income		15,804.59	131,787.16
Other Income		591,734.76	109,442.37
Total Income		9,334,716.53	10,869,867.59
EXPENDITURE			
Staff Cost/Expenses	4.15	2,537,327.20	2,727,309.00
Program Expenses	4.16	5,494,389.98	7,077,978.66
General Administrative Expenditure		60.00	77,997.00
Depreciation		-	-
Other Expenditure		1,302,939.35	986,582.93
Total Expenditure		9,334,716.53	10,869,867.59
Net Surplus/(Deficit) before Taxation		-	-
Income Tax Expenses	4.17	-	-
SURPLUS / (DEFICIT) FOR THE YEAR		-	-
APPROPRIATION OF SURPLUS FOR THE YEAR			
Allocation to Reserves		-	-
Allocation to Endowment Fund		-	-

The Notes on accounts form an integral part of the financial statements.

As per our report of even date


Basanta Waiba
Accountant


Bishnu Ram Lama
Treasurer


Surya Prakash Rai
Executive Chief


Buddhi Ram Lama
Chairperson

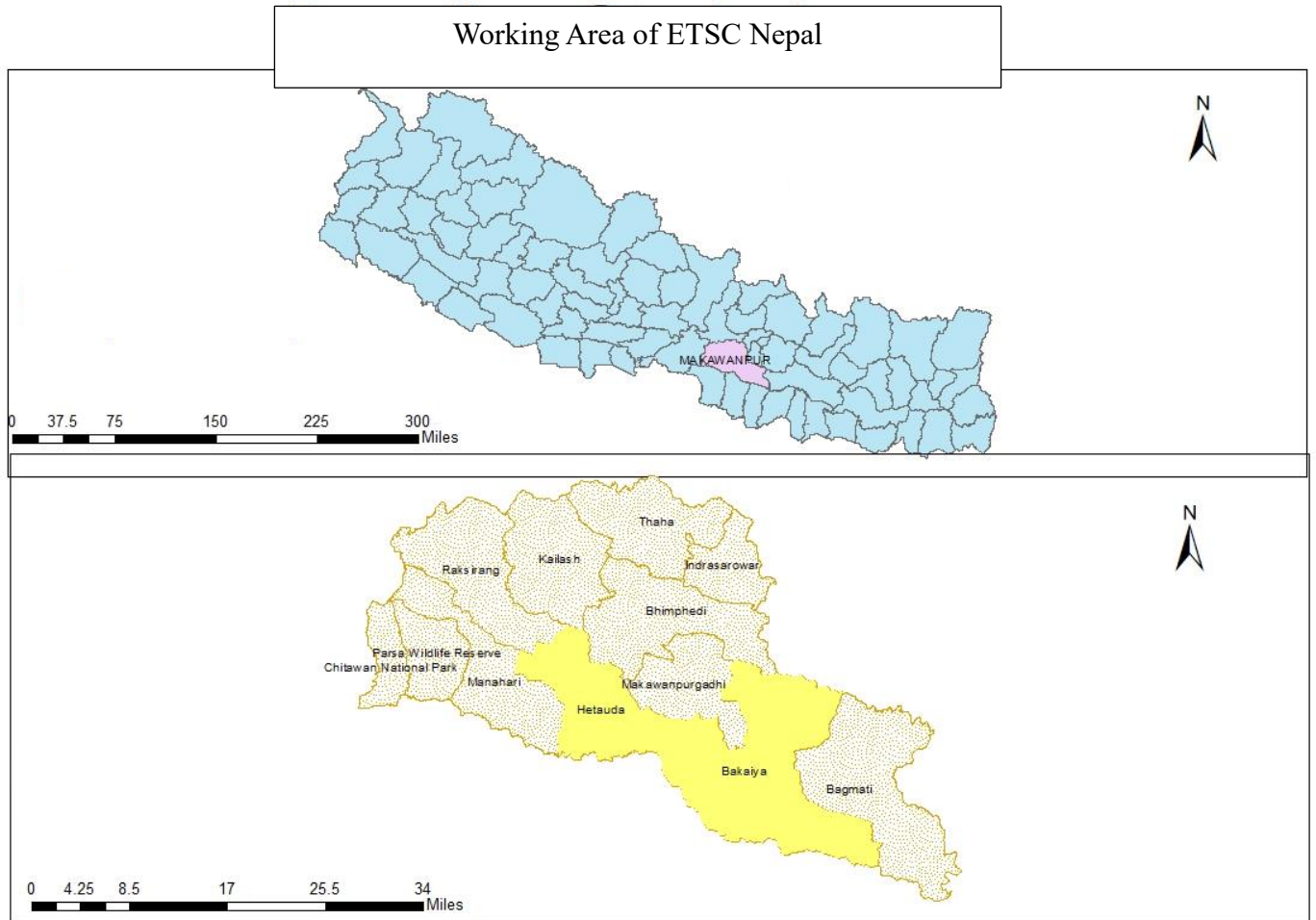

CA. Surendra Bahadur K.C.
Proprietor
For: S.B.K.C. & Associates
Chartered Accountants



Date: 02.09.2022
Place: Hetauda, Makwanpur

Figure 1: Statement of Income and Expenditure

CHAPTER 5: WORKING AREAS AND FUNDING PARTNERS



Bagmati Province

- 1) Bakaiya RM, Makawanpur
- 2) Hetauda Sub-metropolitan City, Makawanpur
- 3) Manahari RM, Makawanpur

Funding Partners

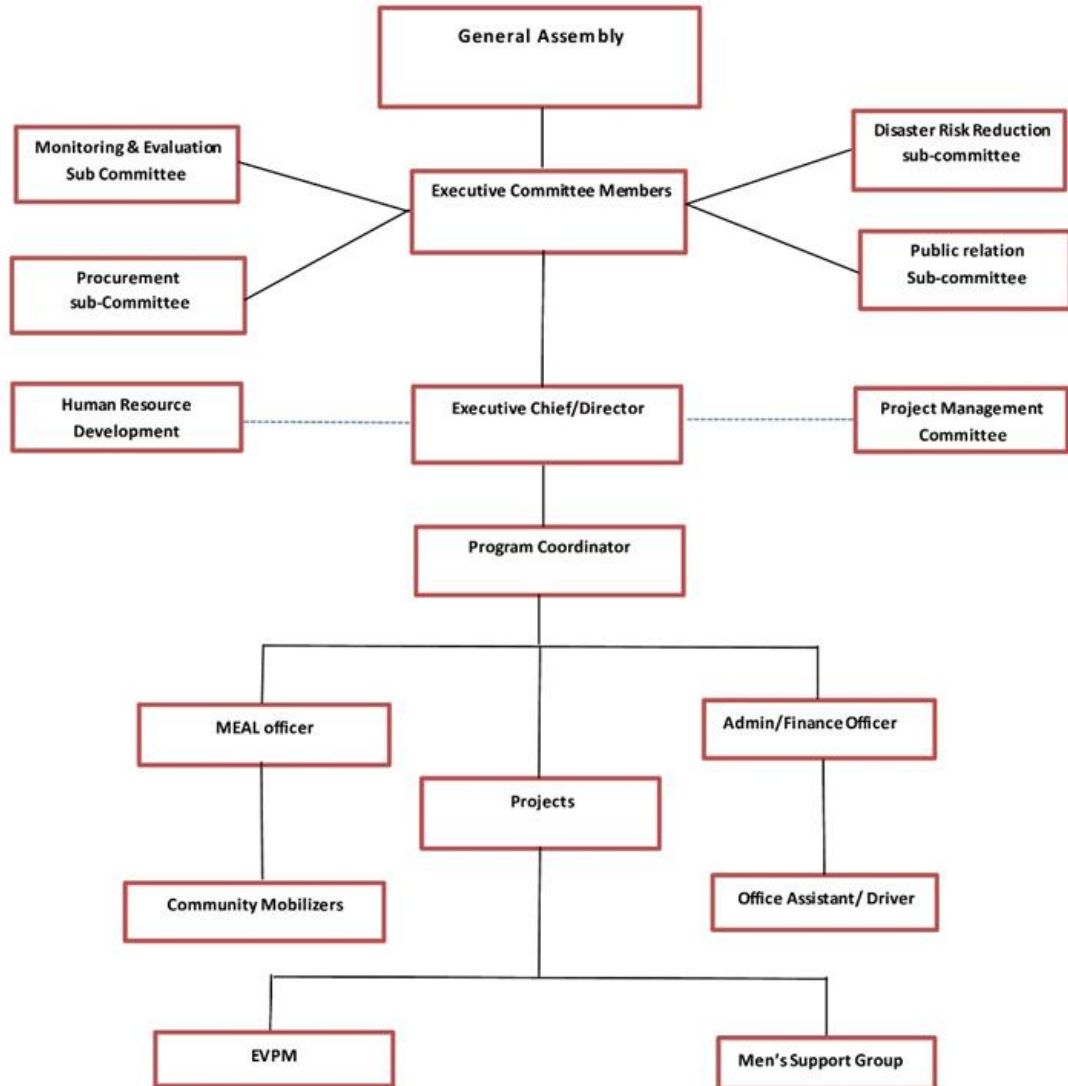
1. Tearfund

2. World Women Day of Prayer

CHAPTER 6: ORGANOGRAM

Education Training and Service for Community (ETSC) Nepal's

Organizational Organogram



CHAPTER 7: ACCOUNTABILITY AND SAFEGUARDING SYSTEM

ETSC Nepal is accountable to all its stakeholders. We ensure that all our stakeholders, communities and beneficiaries are informed about the programs we operate and that they have access to the necessary and appropriate information about the project. Various awareness measures (such as group meetings, leaflets, posters and hoarding boards), social audit event have been adopted to disseminate information to the community. In addition, we welcome all kinds of feedback and complaints/suggestions.

Its primary focus of the organizations is on human protection, and it adheres to the principles of the "Do No Harm" policy, code of conduct, and safeguarding norms. Safeguarding orientation is consistently included in the training and workshop schedules.

ETSC has provided safeguarding orientation to various groups, including adolescents, women, men, self-help groups, and savings groups. Information is disseminated through multiple channels such as flex boards, suggestion boxes, hoarding boards, and Information, Education, and Communication (IEC) materials. These reminders emphasize the importance of safety, security, human dignity, worthiness, and the value placed on individuals and their well-being. ETSC staff has trained on protection training as well as available referral mechanisms.

In addition to this in this FY 2078/79, a total of 25 suggestions, questions and concerns were received from the communities and stakeholder. Out of which 10 suggestions were related to institutional projects and activities, 15 questions and complaints, 1 child marriage, 11 domestic violence, 2 were on sexual harassment, and 1 was related to missing case. The issues and concerns received from the communities have greatly helped in creating an environment of trust between individuals, beneficiaries, and organizations in the community whereas all the cases related to violence were addressed and referred in the concerned body.

मन्डरी-६ जोगी ताल
२०६९ असार २

सवालहरु	दुःखी ☹️	खुसी 😊	दोस्रो- खुसी 😊
१. इटिसससी नेपालले घरघुरी धान्न खोलीका खेका, आर्थिक स्थितिला र कामचोर अलका अण्डला गेल्लो किशोरा, किशोरी र महिलाहरु अलको घरघुरी छुनेको छ ?		🌰	🌰
२. ETSC नेपालले अरेको कार्यक्रम, जसमाका काडका, उपचारनीम र सभ्योनी छ ?			🌰
३. दोस्रोनी त किमाकापले मेरो भन्ना आकिइई अईईको छ ?			🌰
४. ETSC नेपालले कुने पले उपचारोनी छुनाय किछु की किछु ?			🌰
५. ETSC लाई सबै कामा उपचारोनी उपचारो, इच्छुनी, लुचुना, दललाह दुकाय तिनं मोरमस कुन हो ?			
नाईर	दीन प्री म	जोन	इमेल
			सुकाय पेरीका

बेचबिस्वन तथा हिंसाका पीडितको



यौन हिंसाविरुद्ध जावान अगाऊँ, पीडितलाई घटनाको उजुरी दिन सहयोग गरौं। उजुरी गर्न नेपाल प्रहरीको ति:शुल्क १०० वा राष्ट्रिय महिला आयोगको ११४५ नम्बरमा स्वर गरौं।

अपरिचित व्यक्तिका शंकास्पद गतिविधिहरू प्रति चनासो बनाौं र समस्या परेमा सहायताको लागी नजिकको प्रहरी कार्यालयमा सम्पर्क गरौं।

मानव बेचबिस्वनमा पर्न सकिने जोखिमको अबस्था

भेदभाव/हिंसा

लिङ्गको आधारमा वा अन्य सबै प्रकारको भेदभावले हिंसा उत्पन्न गर्नुको साथै पीडित तथा प्रभावितहरू सहजै बेचबिस्वनको जोखिममा पर्दछन्।

रोजगारी/बैदेशिक रोजगार

जीवनयापनको निम्ति रोजगारीको अवसरहरू खोज्दा अपूर्ण सूचना, चिने जानेको व्यक्तिमाथि भ्रष्टाचार, आवश्यक रूपमा सरसल्लाह नलिँदा र आर्थिक आवश्यकता पूरा गर्ने कार्य माथि मात्रै सम्पूर्ण ध्यान लगाउँदा देश भित्र वा विदेशमा बेचबिस्वनमा पर्न सक्ने अवस्था हुन सक्छ।

सहायताको लागि सम्पर्क नम्बरहरू :

मानव बेचबिस्वन, लैंगिक हिंसा वा अन्य अपराधको सूचनाको लागि : १६६००१४१५१६

नेपाल प्रहरी : १००

प्रहरी महिला सेल : ०१४४१४७५७

बालबालिका हराएमा : १०४

महिला तथा बालबालिका बेचबिस्वन विरुद्ध सहकर्मी समुह नेपाल (एटबिन) : ०१४२२९७८७, ०१४२२०४७८

माईती नेपाल : ९८०११५१५५६

राष्ट्रिय महिला आयोग : ११४५

राष्ट्रिय मानव अधिकार आयोग मानव अधिकार हटलाईन : ०१५०१००००

बैदेशिक रोजगार प्रबर्द्धन बोर्ड आप्रवासि सूचना केन्द्र : १६६००१५०००५

माथि उल्लेखित नम्बरहरू २४ सै घण्टा उपलब्ध हुन्छ र फोन गर्दा कुनै शुल्क लाग्दैन।



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